


## November 15, 2026

7:30 AM | Holy Eucharist, Rite I with traditional language
8:45 AM | Holy Eucharist, Rite II with the Cathedral Choristers, the Cathedral *Schola* and Children's Chapel
11:15 AM | Holy Eucharist, Rite II with the Cathedral Choir
6:00 PM | BreakingBread@6 contemporary music service

The Nursery and Toddler Ministry is available from 8:30 AM-12:45 PM today.
Christian Formation for all ages takes place during the 10:00-11:00 AM hour.

**ADULT FORMATION: MENTAL HEALTH AND THE BODY OF CHRIST** Join us today at 10:00 AM for the second-to-last class in our adult formation series Mental Health and the Body of Christ, which explores mental health struggles through lived experiences, recovery stories, and clinical perspectives. This week, parishioner Monica Urness, LCSW, will be in conversation with the Rev. Gene Manning on the topic of anxiety. This class meets Sundays at 10:00 AM in Lancaster Hall, and our final class in the series will be next week.

## Upcoming Events and Opportunities

**ADVENT FESTIVAL** The 2026 Advent Festival will take place Sunday, November 29! Bring your family and join us from 10:00-11:00 AM in Lancaster Hall. Come make an Advent wreath, decorate a delivery bag for our Jesse Flowers Ministry, and sing songs! This year, we are also inviting you to sign up to bring your favorite homemade Christmas cookies to share. If you already have a wreath form, you are welcome to bring it to decorate. Suggested donation for supplies is $20 per family—scan the QR code here to sign up for cookies and learn more!

**JESSE FLOWERS MINISTRY BEGINS NOVEMBER 29** During Advent, our Jesse Flowers ministry delivers an amaryllis bulb and a prayer patch to parishioners who may be unable to attend church as often as they once did or who have experienced a difficult season. Help us deliver bags (November 29 through Christmas Eve), or let us know someone who should receive one—contact the Rev. Deacon Mary McCarthy at **mmccarthy@christcathedral.org**. Additionally, **this Friday, November 20 from 10:00 AM-12:00 PM, we will be having a Prayer Patch Party in the Youth Space to finish this year's prayer patches**. No experience necessary, and all are welcome to help!

**VESTRY NOMINATIONS CLOSE NOVEMBER 30** We are now accepting nominations for the new class of Vestry members, to be selected at the end of January. Nominees must be at least 18, confirmed or received in The Episcopal Church, and pledging Cathedral members who worship regularly. Former members must have been off the Vestry for three years, and immediate family of a current member may not run until that member has left. Self-nominations are welcome. Scan the QR code for the nomination form; nominations are due by November 30. Questions? Contact Sam Bessey at **SBessey@chipsi.org** or Lawrence Blank-Cook at **lblankcook@gmail.com**.

**MONTHLY MOBILE MEALS MINISTRY (4M): SATURDAY, DECEMBER 5** Developed by our Walking Together partner church St. Anselm's Episcopal, 4M is a ministry that meets the needs of food-insecure Nashvillians. On the first Saturday morning of every month, we support St. Anselm's by helping prepare meals and then driving around town to deliver them to people on the street. The next 4M day is Saturday, December 5—contact Shelley Cammack at **shelley@wardcammack.com** to learn more and sign up!

**CHURCH IN THE YARD AND LUNCH MINISTRY: SUNDAY, DECEMBER 6** Church in the Yard is a collaborative ministry held the first Sunday of each month at 1:00 PM in partnership with several other parishes where we provide food and a worship service for Nashville community members experiencing homelessness. Volunteers are needed to shop for and prepare food for attendees before sharing a meal together and celebrating the Holy Eucharist. The next service is Sunday, December 6, and more volunteers are still needed. Email Jackson Hasty at **jacksonhasty6104@gmail.com** to learn more and sign up!

**CHRISTMAS PAGEANT** Calling all shepherds, angels, wise people, and barnyard animals! We need you for our annual Christmas Pageant at 4:00 PM in the nave on December 6. Children, youth, and adults of all ages are invited to attend this joyous and impromptu production that celebrates the birth of Jesus. Children are asked to arrive in costume (if you don't have one, we have extras!) and be ready to go in Cheek Hall by 3:45 PM. Contact the Rev. Canon Anna Russell Friedman at **afriedman@christcathedral.org** if you have any questions.

**REGISTRATION OPEN FOR 2027 WOMEN'S RETREAT** All women of the Cathedral are invited to join us January 29-31, 2027, at Montgomery Bell State Park for the Women's Retreat with speaker Dr. Michelle Donice Gillis and a weekend of prayer, teaching, and fellowship. **Register by December 13 to guarantee an overnight room**. Get more information and the registration link by scanning the QR code here!

**<u>SAVE THE DATE—Check our website for more information</u>**
**Men's Fellowship Breakfast**—Tuesday, November 17, 7:00 AM
**LGBTQ+ Faith Alliance Monthly Meeting**—Saturday, November 21, 9:30 AM

**PARKING AT THE CATHEDRAL**

**For Sunday morning services, park free in our lot off Broadway or in the Southern Baptist garage *(cars must be removed from the Southern Baptist garage by 1:30 PM)*. For BB@6, free parking is in our lot only. Parking in our lot is also free for other church services. At all other times, our lot is open to enforced, paid public parking. To keep parking for free in our lot, parishioners need to register their license plate(s) once, as the green hang tags have been retired. Registering takes about a minute and no smartphone is required. Weekday visitors can be registered for a temporary guest pass at the reception desk. The Holiday Inn lot (next to the Cathedral lot) and the Tempo Hotel garage are not available for church parking unless advertised. To get the registration link or with any questions, email info@christcathedral.org.**

**Follow Us:**
ChristCathedralNashville
ChristCathedralNash
christcathedralnashville
christchurchcathedral

**Contact Us:**
info@christcathedral.org

**Weekly Happenings Email**
Sign up on the Cathedral website
www.christcathedral.org
at the bottom of the page

*For your awareness, we often have photography at our services and events. Some photos may be used online or in print materials. To opt out, please notify the photographer. Also, most services are live-streamed and saved online. Your image may be visible in the recording.*