

BreakingBread@6



TENTH SUNDAY OF PENTECOST A CELEBRATION OF THE HOLY EUCHARIST

August 2, 2026
6:00 p.m.

900 Broadway
Nashville, Tennessee 37203
615.255.7729
christcathedral.org

*Cathedral Parish of the
Diocese of Tennessee (Episcopal)*

Live God's Love

AN ORDER FOR HOLY COMMUNION

PRELUDE

Ensemble

WELCOME The Reverend Richard Wineland, *Associate Rector for Parish Life*
A reminder that BB@6 is pet-friendly!

HYMN

Guide me, O thou great Jehovah

Cum Rhondda
#690, *The Hymnal 1982*

THE LITURGY OF THE WORD

The first portion of worship consists of Scripture readings, the sermon, the creed, and the Prayers of the People.

OPENING ACCLAMATION

Celebrant Blessed be the one, holy, and living God.
People **Glory to God for ever and ever. Amen.**

Please note that, where our tradition permits, we use gender-neutral language to refer to God at BB@6.

SONG OF PRAISE God loves all his many people *trad. Tshiluba melody (Congo)*

God loves all his many people with surpassing love
Blesses all as his own children, cares for every one

Refrain

Come to him, friend, come to him, friend, come receive his joy
Earthly things don't last forever, come receive his joy

God wants you to come to her now, wants you as her child
Come, my friend, her arms are open, come, receive her joy *Refrain (Come to her, friend...)*

The Collect reflects the liturgical season and summarizes the message of the Bible readings in tonight's worship.

THE COLLECT OF THE DAY

Leader God be with you.
People **And also with you.**
Leader Let us pray.

Almighty God, the fountain of all wisdom, you know our necessities before we ask and our ignorance in asking: Have compassion on our weakness, and mercifully give us those things which for our unworthiness we dare not, and for our blindness we cannot ask; through the worthiness of your Son Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.
Amen.

Please be seated.

THE LESSON – Genesis 32:22-31

The same night he got up and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. He took them and sent them across the stream, and likewise everything that he had. Jacob was left alone; and a man wrestled with him until daybreak. When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob's hip was put out of joint as he wrestled with him. Then he said, "Let me go, for the day is breaking." But Jacob said, "I will not let you go, unless you bless me." So he said to him, "What is your name?" And he said, "Jacob." Then the man said, "You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed." Then Jacob asked him, "Please tell me your name." But he said, "Why is it that you ask my name?" And there he blessed him. So Jacob called the place Peniel, saying, "For I have seen God face to face, and yet my life is preserved." The sun rose upon him as he passed Peniel, limping because of his hip.

Reader Hear what the Spirit is saying to God's people.
People **Thanks be to God.**

The Psalms are the ancient songbook of the Jewish people.

PSALM 17: 1-7, 16

- 1 Hear my plea of innocence, O Lord; give heed to my cry; *
 listen to my prayer, which does not come from lying lips.
- 2 Let my vindication come forth from your presence; *
 let your eyes be fixed on justice.
- 3 Weigh my heart, summon me by night, *
 melt me down; you will find no impurity in me.
- 4 I give no offense with my mouth as others do; *
 I have heeded the words of your lips.
- 5 My footsteps hold fast to the ways of your law; *
 in your paths my feet shall not stumble.
- 6 I call upon you, O God, for you will answer me; *
 incline your ear to me and hear my words.

7 Show me your marvelous loving-kindness, *
O Savior of those who take refuge at your right hand
from those who rise up against them.

16 But at my vindication I shall see your face; *
when I awake, I shall be satisfied, beholding
your likeness.

GOSPEL HYMN

Praise, I will praise you, Lord

Claude Fraysee

Praise, I will praise you, Lord, with all my heart
O God, I will tell the wonders of your ways, and glorify your name
Praise, I will praise you, Lord, with all my heart
In you I will find the source of all my joy, Al-le-lu-ia!

Love, I will love you, Lord...

Serve, I will serve you, Lord...

It is the Church's custom to stand while the gospel is read, as we honor the words and deeds of Jesus.

THE GOSPEL LESSON – Matthew 14:13-21

Gospeller The Holy Gospel of our Savior Jesus Christ according to Matthew.

People **Glory to you, O Christ.**

Now when Jesus heard this, he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves." Jesus said to them, "They need not go away; you give them something to eat." They replied, "We have nothing here but five loaves and two fish." And he said, "Bring them here to me." Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

Gospeller The Gospel of our Savior Jesus Christ.

People **Praise to you, O Christ.**

SERMON – The Reverend Deacon Mary McCarthy

A moment of silence and reflection follows the sermon.

The Nicene Creed is a statement of what the Church believes about God. It was born out of the councils of Nicaea and Constantinople in the 4th century. We stand for the Creed.

THE NICENE CREED

Please stand.

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through whom all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
was incarnate from the Virgin Mary,
and was made truly human.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
who with the Father and the Son is worshiped and glorified.
who has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

The people may be seated.

THE PRAYERS OF THE PEOPLE

The Leader and People pray responsively

Father, we pray for your holy Catholic Church;

That we all may be one.

Grant that every member of the Church may truly and humbly serve you;

That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons;

That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;

That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;

That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble;

That they may be delivered from their distress.

Give to the departed eternal rest;

Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;

May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others.

Silence

The People may add their own petitions.

Leader

Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord. **Amen.**

THE CONFESSION OF SIN

Leader Let us confess our sins to God.

Leader and People

God of all mercy, we confess that we have sinned against you, opposing your will in our lives.

We have denied your goodness in each other, in ourselves, and in the world you have created.

We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf.

Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

THE ABSOLUTION

The Priest says

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Shalom. Salam. La paz del Señor.

Leader The peace of Christ be always with you.

People **And also with you.**

THE ANNOUNCEMENTS

THE HOLY COMMUNION



Please scan this QR code with your phone or tablet to leave your offering this evening. You may also leave a check or cash in the offering basket when you come for Communion.

OFFERTORY MUSIC

Ensemble

We have declared our praise to God in prayer and song, heard the words of God in scripture and proclamation, and now we are welcomed to the Table of the Lord. The Sursum Corda (Latin for “lift up your hearts”) is one of the most ancient parts of the service, dating to the third century.

THE GREAT THANKSGIVING *(from Enriching Our Worship, Eucharistic Prayer 2)*

Leader God be with you.

People **And also with you.**

Leader Lift up your hearts.

People **We lift them to our God.**

Leader Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

THE SANCTUS

The Sanctus (Latin for “Holy”) is a hymn based on the poem of creation in Isaiah 6:1-5.

Holy, holy, holy Lord, God of power and might (trad. folk melody, *Land of Rest*)
Heaven and earth are full of your glory, hosanna in the highest
Blessed is he who comes in the name of the Lord
Hosanna in the highest, hosanna in the highest!

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: “Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice. Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made. In the fullness of time bring us, with all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

THE LORD’S PRAYER (Contemporary version)

The Lord’s Prayer is the prayer that Jesus taught his disciples to pray, and has been a part of Eucharistic liturgies since the early centuries of the church’s history.

Leader As our Savior Christ has taught us, we now pray,

**Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins**

**as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

The Breaking of the Bread reminds us of the sacrificial death of Christ on the cross. "This is my Body, which is given for you." (Luke 22:19-20)

THE BREAKING OF THE BREAD

Celebrant The gifts of God for the people of God.

THE SACRAMENT IS DISTRIBUTED

(music during Communion: *Ensemble*)

If you wish to receive the sacrament by intinction please leave the Bread in your hand. The chalice bearer will dip the Bread in the Wine and return it to your hand. You may also receive a blessing from the priest instead of the Bread and Wine. Let the priest know if you would like a low-gluten wafer.

THE POST-COMMUNION PRAYER

(attributed to Francis of Assisi)

Leader Let us pray.

People **God, make us instruments of your peace. Where there is hatred, let us sow love; where there is injury, pardon; where there is discord, union; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy. Grant that we may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. Amen.**

We joyfully end our time of worship with the priest's Blessing, and the declaration of God's never-ending love and favor toward his people. The Dismissal sends us out from this place to love and serve others in the name of Christ.

THE BLESSING

May the peace of God, which passes all understanding, keep your hearts and minds in the knowledge and the love of God, and of his Son, Jesus Christ our Lord; and the blessing of Almighty God: Father, Son, and Holy Spirit, be among you, and remain with you always. Amen.

CLOSING SONG

The welcome table

traditional Spiritual

We're gonna eat at the welcome table
We're gonna eat at the welcome table some of these days, Halle-lu-jah!
We're gonna eat at the welcome table
We're gonna eat at the welcome table some of these days, Oh, yes!
We're gonna feast on milk and honey...
I'm gonna wade across Jordan's river...

THE DISMISSAL

Deacon Go in peace to love and serve the Lord.
People **Thanks be to God.**

PRAYERS

We give thanks for the birth of new babies especially, Richard Pyle Glass son of Lucy and Sebastian Glass and great grandson of the Rev. Caroline Smith Parkinson.

We pray for our parishioners, especially Bob, Benjamin, Everett, Jojo, Jim, Jan, Susan, Katherine, Erin, Peggy, Melanie, Frances, Rees, Stacey, Mimi, Roger, Mason, Richard, Jerry, Betsy, Bobby, Shona, Taylor and John.

We pray for the families and friends of parishioners, especially Rob, Jane, Bernie, Cathy, Charlie, Alyssa, Glynn, Michael, Jo, Joan, Liam, Ginny, Jennifer, Danny, Kenneth, Laura, Tee, Betty, Craig, Dana, Josh and Stacy

Please recycle this leaflet in the wooden bins located at each of the four exits from the nave.

CELEBRANT & WORSHIP LEADER

The Reverend Richard K. Wineland,
Associate Rector for Evangelism and Parish Life

PREACHER

The Reverend Deacon Mary McCarthy,
Pastoral Care Coordinator

MUSICIANS

Lee Armstrong Wineland, *piano*
Amberly Rosen, *violin*

SACRISTAN

Ralph Mullenax

TECHNICAL DIRECTOR

Roger Rhoads



CATHEDRAL VESTRY

2027

Susan Barge
Sam Bessey (*Senior Warden*)
Ellie Teal Gardner
Anna Grimes
David Paine

2028

Maura Black Sullivan
Lawrence Blank-Cook (*Junior Warden*)
Deaver Collins
Gina Lodge
Keith Simmons

2029

Brian Jackson
Caroline Rossini
Catherine Sawyer
Sheri Sellmeyer
Joseph Watson

Ellen Wright (*Clerk*)
Trey Tally (*Treasurer*)

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The liturgy used this evening is from Enriching Our Worship.

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A Center for the Community of the Cross of Nails

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