



# Christ Church Cathedral Youth Ministry

## 2023 - 2024 Calendar

**Alison Bocking**  
Director of Youth Ministries  
abocking@christcathedral.org  
615-255-7729, ext. 237

**M.C. Roche**  
Youth Coordinator  
mroche@christcathedral.org  
615-255-7729, ext. 226

## EYC Programming

### EPISCOPAL YOUTH COMMUNITY-EYC

EYC stands for Episcopal Youth Community. It is designed for those in the 6th through 12th Grades. One way we like to think of our youth community is a place to have fun, a place to belong and a place to learn more about God and your neighbor and who you are called to be in the midst. We believe that youth group can be one of the most important groups a young person belongs to. For six years, we travel together in community through that sometimes very tough gauntlet called middle school and high school. We create a safe space to talk about our lives, consider spiritual matters, or live out our baptismal covenant. Our goal is to share your joys as well as your concerns; to be a place where you can come and feel comfortable, without the pressures you may have in other areas of your life. We hope you'll take advantage of these programs. They will add immeasurably to your life, and you will add immeasurably to ours.

### SUNDAY MORNINGS-YOUTH FORMATION

On Sunday mornings from September to May, we gather for Youth Formation during the Sunday school hour, 10-11 a.m. in the lower level of the 810 Building. This is where our community grows in its relationship with God through prayer, small and large group discussion, study and other spiritual practices and activities. It's a great way to center yourself in God as a new week begins.

### WORSHIP +1

During the school year, our Liturgies on Sunday morning are at 7:00 a.m., 8:45 a.m., 11:15 a.m., and 6 p.m. (summer times are 8:30 a.m., 10:30 a.m., and 6 p.m.), and we strongly encourage and invite all families to worship together. It is in worship where we are shaped by word, prayer, and sacrament, and to be able to share this experience as a family is a true gift and discipline. In addition to attending worship, we ask our youth to serve in one way throughout the year (your +1). You can choose to serve as a lector, usher, greeter, acolyte or Cathedral Chorister.

### MONTHLY-EYC SOCIAL

Once a month from August to May, we gather for food, fellowship, and community time. This is when we strengthen our relationships with each other, learn more about ourselves in community, and have FUN! On any date you might find us playing games, talking about important social and spiritual topics, creating things, going bowling, heading to the park ... who knows what else? You don't want to miss out on the friends and fellowship this group has to offer you! Check the calendar for specific dates and times.

### MEET US @

Join our youth ministry staff and friends at various locations across Nashville for a pop up EYC event. For example, Meet Us @ Centennial Park or Meet Us @ Bobby's Dairy Dip. It's a great time to connect with one another outside of our regularly scheduled events. Stay tuned to social media and our online calendar for pop up events. Have an event (school, sports, art, music, etc.) you want our staff to meet you at? Email [youth@christcathedral.org](mailto:youth@christcathedral.org) and let us know.

### DISCOVERY WEEKEND

Discovery is a powerful weekend of renewal and spiritual formation for middle school and high school students, held at the Cathedral in January. The model of Discovery Weekend is similar to Happening or Cursillo, but instead of being a Diocesan event, it's for the youth and friends of our very parish. Our middle school youth are placed in a position of importance as the high school youth lead and facilitate the entire weekend alongside a team of adults. Through large and small group discussions, meaningful experiences of worship and prayer, new friendships, and laughter youth learn about the rich connection between faith and the challenges of daily life. There's also plenty of music, games, fun and great food! Discovery isn't just a weekend for youth; it's a weekend for the entire parish to live out the baptismal promise to create a community of love and forgiveness.

### SUMMER MISSION OPPORTUNITIES

Mission trips are community-building events in which we put into action what we are learning spiritually. Each summer, we travel near and far to share God's love. In the past, we have traveled to Cochabamba, Bolivia; New Orleans, Louisiana; Memphis, Tennessee and Atlanta, Georgia. Mission trips include project work, shared meals, connections with members of the community, morning and evening prayer and reflection, socializing, and fun. Through these experiences, we build friendships, create bonds with people in the communities we serve, and deepen our faith.



### September 2023

**EYC Youth Events**  
 10 EYC Fall Kickoff  
 17 Youth Formation returns  
 23 Youth Worship+1 Training  
 27 Weekly Compline begins on Zoom

**Special Family/Parent Events**  
 10 Ministry Fair & EYC Open House  
 24 Toast to Fall Parents' Social

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

### October 2023

**EYC Youth Events**  
 1 Episcopalooza Diocesan Event  
 21 Serve at Second Harvest  
 29 EYC Social

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

### November 2023

**EYC Youth Events**  
 10-12 EYC Fall Retreat at Camp Loucon

**Special Family Events**  
 3 Parish Trivia Night (age 21 and up)  
 19 Rise Against Hunger Food Packaging

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

### December 2023

**EYC Youth Events**  
 3 Diocesan Advent Event  
 21 EYC Christmas Progressive Pajama Dinner  
 28 12 Hours of Christmas

**Special Family Events**  
 3 Advent Event  
 24 Christmas Eve  
*See church calendar for Christmas Eve service times*

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

### January 2024

**EYC Youth Events**  
 12-14 Discovery Weekend  
 27 Serve at Second Harvest

**Special Family/Parent Events**  
 28 Cathedral Annual Meeting

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

### February 2024

**Special Family/Parent Events**  
 4 Parish Talent Show  
 14 Ash Wednesday  
 24 Sweet Potato Drop

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

### March 2024

**EYC Youth Events**  
 1 High School Night Out  
 22 Middle School Night Out

**Special Family/Parent Events**  
 24-31 Holy Week  
*See church calendar for Holy Week service times*

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

### April 2024

**EYC Youth Events**  
 14 EYC Social  
 27 Serve at Second Harvest

**Special Family/Parent Events**  
 28 Parish Picnic

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

### May 2024

**EYC Youth Events**  
 19 Youth Sunday

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

### June 2024

**EYC Youth Events**  
 3-12 Bolivia Pilgrimage to Amistad  
 23-29 Urban Adventure (high school)

**Special Family/Parent Events**  
 2-5 Vacation Bible School (VBS)  
 22 Nashville Pride Parade

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

### July 2024




**EYC Youth Events**  
 14-18 Urban Mission (middle school)

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Register for Events and  
 Get Up-To-Date information at  
[www.christcathedral.org/youth](http://www.christcathedral.org/youth)

**KEY:** Youth Event Special Family/Parent Events Youth Retreat/Trip Weekly Recurring Events

**Follow US!**

-  Christ Church Cathedral Youth
-  @CathedralYouth
-  Church Church Cathedral Youth
-  <https://www.christcathedral.org/youth>

